

GCVA Beach Team
Parent / Player Information

- Thank you for signing up for GCVA Beach Team. Here is a little about our program.
 - Top Ranked BVCA (Beach Volleyball Clubs of America) club. Currently 3 ranked club in the nation for Open and Club levels.
 - 25 College Beach Commits
 - 6X National Medalists
- Gear
 - Has arrived and will be given to each player on the first practice. If you registered after April 19th you may not receive all your gear. Late gear will show up in two weeks.
- Point System: We have a point system that we use for practices and tournaments. Points awarded add up and milestones reached earn prizes that will be handed out at the end of the season at the team party.
 - Check in every practice: It is the players responsibility to keep track of their points. Players log points at the beginning of each practice.
 - System
 - 1 point for attending practice
 - 1 point for attending tournament
 - 2 total points for making playoffs at tournament
 - 3 total points for getting 3rd in tournament
 - 4 total points for getting 2nd in tournament
 - 5 total points for getting 1st in tournament
 - Prizes
 - 20 points gets a free shirt
 - 25 points gets a free hat
 - 30 points gets a ball
 - 35 points gets a backpack
 - Top 3 points leaders at the end of the year get a special prize pack
- Practices
 - Do not need a partner for practice, we do keep partners together for practice but it's not necessary to have a partner to practice
 - Courts are divided by mostly age, then by skill if needed
 - Director will explain skill and drill then we break out, coaches can go at their own speed and even add to the drills
 - First 30 minutes is a warmup
 - Then one hour dedicated to skill specific drills
 - Last 30 minutes are competition drills

- Tournaments
 - GCVA provides coaches for players at BRQS (May 25th, June 1st / 2nd, June 22nd) and the BNQ (May 18th), all other tournaments coaches play as well but we do provide some coaching if we are not playing.
 - Looking into July BRQ, right now no BRQ July 6th.
 - How to sign up
 - Register online: <https://volleyballlife.com/gcva/>
 - Make sure to put GCVA Beach as your club when you register
 - Code if BOTH players are from GCVA Summer Beach: SUMMER BEACH
 - Code if ONE player is from GCVA Summer Beach: SUMMER BEACH 50
 - Use code at checkout when registering on volleyballlife.
 - Partners for tournament
 - If you need a partner for a tournament, then let your court coach know the practice before the tournament
 - Also email me and let me know you are looking for a partner and I will send an email out travis@gcva.net
 - What to wear at tournaments?
 - We encourage players to wear GCVA gear to all tournaments to help support our program. We have built a great program and we are proud of it and hope that you are proud to support us.
 - For qualifiers if you are not wearing GCVA gear then you will not be provided a coach that day.
 - Parents at tournaments
 - Parents please sit back, relax and enjoy volleyball, please do not cause trouble at tournaments. That's all I'll say about that.
 - Players and tournaments
 - If there is a question about rules, please do not argue, come up to the tent and ask for someone to come out and clarify the rules
 - No player should be rude to the opposing team, be respectful and represent GCVA
 - Rules
 - Coaching rules
 - Coaches are allowed to cheer on the team
 - Coaches are allowed to coach during side changes
 - Coaches are allowed to suggest a time out
 - Coaches CANNOT coach before, during and after the play
 - Hand setting rules
 - Held Balls (Rule 9.2.2): the player does not hit the ball, a contact that visibly pauses in the hands, is contacted too long a time, or is redirected.
 - Double Contact (Rule 9.3.4): Contacts on the ball that are clearly distinct and separate. NOTE: Spin is not a fault. Spin may indicate that a fault has occurred.

- Serve Receive (Rule 9): SERVED balls are declared “not hard--driven.” It is legal to receive serve open-handed, however, strict hand setting judgment applies.

- BNQ & BRQ
 - GCVA hosts the Lone Star Region National Qualifier (BNQ)
 - BNQ – Beach National Qualifier – May 18th
 - Four bids per division to nationals as a National Open Bid
 - Coaches coach at the BNQ
 - Must wear GCVA gear
 - BRQ – Beach Regional Qualifier – May 25th, June 1st / 2nd, June 22nd
 - Three bids per division to nationals as a National Regional Bid
 - Coaches coach at the BRQ
 - Must wear GCVA gear
- Nationals are in Ft. Lauderdale, FL
 - 12U, 16U – July 12th – 14th
 - 14U, 18U – July 15th – 17th
 - If you qualify for nationals and plan on attending nationals in Florida, please let me know. We cover the entry for all teams that qualify and attend nationals. I will register all teams for Nationals.

If you have any questions at all, please email me at travis@gcva.net

Thanks,
GO COAST!