GCVA Beach Team

Parent / Player Information

* Thank you for signing up for GCVA Beach Team. Here is a little about our program.
  + Top Ranked BVCA (Beach Volleyball Clubs of America) club. Currently 4th ranked beach volleyball club in the nation.
  + 30 College Beach Commits
  + 6X National Medalists
* Weather: If there is severe weather or the courts are unplayable due to heavy rain we will notify everyone before 3:00pm for practice cancellation. We have the ability to make up two practices for summer beach, after that practices are not guaranteed to be made up. We may also add another free tournament to make up for a cancelled practice.
  + Remind Weather Updates: Text: @gcvasb25 to 81010
* Gear
  + Has arrived and will be given to each player on the first practice. Parents can come pick up gear if player can’t attend first practice.
* Point System: We have a point system that we use for practices and tournaments. Points awarded add up and milestones reached earn prizes that will be handed out at the end of the season at the team party.
  + Check in every practice: It is the players responsibility to keep track of their points. Players log points at the beginning of each practice.
  + System
    - 1 point for attending practice
    - 1 point for attending tournament
    - 2 total points for making playoffs at tournament
    - 3 total points for getting 3rd in tournament
    - 4 total points for getting 2nd in tournament
    - 5 total points for getting 1st in tournament
  + Prizes
    - 20 points gets a free shirt
    - 25 points gets a free hat
    - 30 points gets a ball
    - 35 points gets a backpack
    - Top 3 points leaders at the end of the year get a special prize pack
* Practices
  + Do not need a partner for practice, we do keep partners together for practice but it’s not necessary to have a partner to practice
  + Courts are divided by mostly age, then by skill if needed
  + Director will explain skill and drill then we break out, coaches can go at their own speed and even add to the drills
  + First 30 minutes is a warmup
  + Then one hour dedicated to skill specific drills
  + Last 30 minutes are competition drills
* Tournaments
  + GCVA provides coaches for players at 3 BRQS (May 17th, May 24th, June 29th) and the BNQ (June 8th), all other tournaments coaches play as well but we do provide some coaching if we are not playing.
  + How to sign up
    - Register online: <https://volleyballlife.com/gcva/>
    - Make sure to put GCVA Beach as your club when you register
    - Code if BOTH players are from GCVA Summer Beach: SUMMER BEACH
    - Code if ONE player is from GCVA Summer Beach: SUMMER BEACH 50
      * Use code at checkout when registering on volleyballlife.
  + Free Tournament List & Registration Link:
    - May 10th – <https://volleyballlife.com/tournament/21576>
    - May 17th – <https://volleyballlife.com/tournament/26093>
    - May 24th – <https://volleyballlife.com/tournament/26231>
    - June 8th – <https://volleyballlife.com/tournament/25033>
    - June 22nd – <https://volleyballlife.com/tournament/26466>
    - Jun 29th – <https://volleyballlife.com/tournament/26523>
    - July 6th – <https://volleyballlife.com/tournament/26477>
  + Partners for tournament
    - If you need a partner for a tournament, then let your court coach know the practice before the tournament
    - Also email me and let me know you are looking for a partner and I will send an email out travis@gcva.net
  + What to wear at tournaments?
    - We encourage players to wear GCVA gear to all tournaments to help support our program. We have built a great program and we are proud of it and hope that you are proud to support us.
    - For qualifiers if you are not wearing GCVA gear then you will not be provided a coach that day.
  + Parents at tournaments
    - Parents please sit back, relax and enjoy beach volleyball. We do not tolerate rude parents at beach tournaments. You will be asked to leave and never come back. Beach volleyball is a different vibe than indoor and we want to keep it that way.
  + Players and tournaments
    - If there is a question about rules, please do not argue, come up to the tent and ask for someone to come out and clarify the rules
    - No player should be rude to the opposing team, be respectful and represent GCVA well.
  + Rules
    - Coaching rules
      * Coaches are allowed to cheer on the team
      * Coaches are allowed to coach during side changes
      * Coaches are allowed to suggest a time out
    - Hand setting rules
      * Held Balls (Rule 9.2.2): the player does not hit the ball, a contact that visibly pauses in the hands, is contacted too long a time, or is redirected.
      * Double Contact (Rule 9.3.4): Contacts on the ball that are clearly distinct and separate. NOTE: Spin is not a fault. Spin may indicate that a fault has occurred.
      * Serve Receive (Rule 9): SERVED balls are declared “not hard--driven.” It is legal to receive serve open-handed, however, strict hand setting judgment applies.
* BNQ & BRQ
  + GCVA hosts the Lone Star Region National Qualifier (BNQ)
  + BNQ – Beach National Qualifier – June 8th
    - Four bids per division to nationals as a National Open Bid
    - Coaches coach at the BNQ
    - Must wear GCVA gear
  + BRQ – Beach Regional Qualifier – May 17th, May 24th, June 29th
    - Three bids per division to nationals as a National Regional Bid
    - Coaches coach at the BRQ
    - Must wear GCVA gear
* Nationals are in Virginia Beach, VA
  + 12U, 16U – July 16th – 18th
  + 14U, 18U – July 19th – 21th
  + If you qualify for nationals and plan on attending nationals in Virginia, please let me know. We cover the entry for all teams that qualify and attend nationals. I will register all teams for Nationals.

If you have any questions at all, please email me at [travis@gcva.net](mailto:travis@gcva.net)

Thanks,

GO COAST!